Southwest Colorado • Northwest New Mexico

Mastectomy Resources
These resources are provided for information only. This document does not imply an endorsement from Blueprints of Hope.
Locating mastectomy bras, breast forms, camisoles, swimwear, accessories, and mastectomy products can be limited in rural areas. When choosing these products, the best-case scenario would include the expertise of a professional fitter, but for women living in outlying communities, sometimes do-it-yourself guides for choosing prosthesis and post-mastectomy bras are necessary. In this guide, we have outlined local and selected online resources that may help you identify the items you need. We have also included some tools that can be used to help measure and choose specific products.

Blueprints of Hope in Durango, Colorado carries a collection of mastectomy clothing and supply catalogs to help you with your choices. Please call us at 970.403.3711 to access these resources.
What Does Insurance Commonly Pay For?

If there is a concern about insurance coverage, we recommend that insurance carriers be contacted prior to purchase. They will clarify coverage, reimbursement, and whether or not a pre-authorization is in order. They also may have a form to be submitted for reimbursement. A prescription from a physician for private insurance, Medicaid or Medicare may also be needed.

When you submit a bill for reimbursement to your insurance company, you will include a pre-authorization number (if needed), the original receipt, and a completed, signed medical reimbursement form as provided by your insurance carrier, and a prescription from your physician. Keep a copy of all these documents before submitting your paperwork to your insurance company.

Medicare provides partial reimbursement for breast forms, mastectomy bras and camisoles, regardless of when you had surgery. Medicare claims must be submitted by the company from which you purchased your items. These are the items that are typically covered:

- One silicone breast form (two forms if you had a bilateral mastectomy) every two years, or one foam form (two forms if you had bilateral mastectomies) every six months.
- Four to six mastectomy bras every year, or as many as are medically needed as indicated by your physician. Additional bras may be prescribed as a result of surgery, weight gain, or weight loss.
- As many camisoles as are medically necessary, but not more than three per month.
- You may need to pay out of pocket expenses prior to receiving a reimbursement. Please note that some insurance companies may allow less than 4-6 bras per year. Additionally, some insurance companies may require that you work with a specific company that is not listed within this document.

Certified Post-mastectomy Professional Fitters

For those who are looking for post-mastectomy prosthesis options, a mastectomy fitter is an individual who is trained to work within a scope of practice for the fitting and delivery of breast prostheses and mastectomy products and services. We do not have professional mastectomy fitters in Southwest Colorado, but you may find one who can help you through the vendors listed below. If you choose to meet with a professional fitter, please call your insurance company to determine what and how many bras, prosthetic devices and bathing suits they might cover. Most fitters would like you to wait approximately 4-6 weeks post-surgery for a professional fitting. Initial fittings can take from thirty minutes to one hour.
Regional Mastectomy Fitters – Farmington

Four Corners Limb & Brace
750 West Animas
Farmington, NM 87401
505.326.6305
Shirley Livingston, ABC Certified Orthotics & Prosthetics Fitter – Mastectomy

Four Corners Limb and Brace has a certified fitter with over 12 years of experience who will provide measurements and fitting dimensions for breast forms, mastectomy bras, and bathing suits. They do not have products in stock, but will order over six different brands, including Jodee, Trulife, American Breast Care, Nearly Me, Airway, and others. Please take a prescription from your physician for “Breast Prosthesis and Mastectomy Bra.” If you have Medicare, you may also need to take a completed “Certificate of Medical Necessity.” Four Corners Limb & Brace will file these forms for reimbursement from your insurance company. Expect that your visit with Shirley will take approximately thirty minutes to one hour.

Choosing Post-mastectomy & Post-lumpectomy Products or Clothing Adaptation

A Guide to Help in Choosing the Proper Prosthesis
Finding the correct breast prosthesis is an art because of the many choices of shape, weight and style. If mastectomy fitters aren’t an option for you, this guide may help you choose.

A Fitting Guide for a Mastectomy Bra
The Pink Bra has certified fitters who can help you fit your mastectomy bra over the telephone. Here are some guidelines, but if you would like to speak to an experienced Certified Fitter, call 888.838.0770.

ABC’s Guide to Understanding Breast Forms, Mastectomy Bras and Insurance Coverage
This is a great list of questions and answers (FAQ’s) to provide a better understanding about breast forms, mastectomy bras and what insurance covers. ABC does not sell direct, but their products can be located through some of the retailers listed below.

Mastectomy Solutions: Surviving Mastectomy - Everyday Solutions for Breast Cancer Survivors
These are do-it-yourself instructions to adapt your own clothing into mastectomy clothing.
Free or Low-cost Post-mastectomy Products
Durango

American Cancer Society Resource Center
Durango Cancer Center
1 Mercado Street, Ste. 100
Durango, CO 81301
970.403.0086

Products carried: Some breast forms, hand knitted breast forms, and a limited selection of camisoles. They also carry the TLC Catalog, which has a selection of post-mastectomy bathing suits, head coverings, and bras. All products at the ACS are free to patients. The local American Cancer Society may be reached at 970.247.0278.
Bras, Prosthesis, Apparel and Accessories

CUREDIVA
P. 855.345.2873 (EST)

CUREDIVA offers a full array of bras, breast forms, nipples, swimwear, apparel and accessories. They carry Trulife, Nearly Me, American Breast Care, Wear Ease, Amoena, and other brands. They have products for every stage of breast cancer, and the shop is completely online for women facing breast cancer. There is also a community platform and a blog.

Liberty Medical Supply, Inc.
P. 800.755.7880 (EST)
Mastectomy Bras and Post-Mastectomy Fashion

Click here to find insurance companies that are contracted with Liberty

Liberty’s Mastectomy Bra Sizing Guide

Liberty’s Mastectomy Breast Forms
P. 866.643.1904 (EST)
Liberty claims to be America’s largest Medicare and private insurance provider for post-mastectomy or lumpectomy bras and breast forms. Brands carried include Nearly Me, Classique, Amoena, TruLife, Jodee, and American Breast Care. They will handle Medicare, Medicaid and insurance billing directly, and will prepare the claims for insurance reimbursement. Specialists are available to help with online fitting and measurement. They also offer a catalog and free delivery.

Land’s End - Mastectomy Bathing Suits
P. 800.675.4853 (EST)
Land’s End mastectomy bathing suits have pockets for prostheses and are priced fairly reasonably. The phone number above is for the Swim Fit Experts. Free shipping over $50.

Mastectomy Shop
P. 877.413.2272 (EST)
The Mastectomy Shop offers post-mastectomy bras, breast forms, tank tops, bathing suits, and camisoles. They carry at least nine different brands.

Nearlyou
P. 866.722.6168 (CST)
Nearlyou has been fitting Mastectomy products for over 30 years. They sell exclusively online, carry many brands, and they have a large variety of breast forms, mastectomy bras and swimwear. Selection includes darker-skinned products and shipping is free.
Nicola Jane
0845 265 7595

Nicola Jane is a retailer that is located in the UK, but has 30 years of mastectomy fashion collection experience. They have a certified fitter, a “Find My Right Bra Size,” and a prosthesis size tool. They also have customized pocketing for products. They carry lovely swimwear, prostheses, tops, nightwear, and accessories.

*Click here for a Currency Converter to help determine cost in US Dollars*

**Nordstrom Prosthesis Bras and Camisoles Online**
888.282.6060 (EST)

Click here to Learn about Nordstrom’s Breast Prosthesis Program

The Nordstrom Prosthesis Program has been providing mastectomy bra services for over 35 years. They offer certified fitters in every Nordstrom full-line store. They have the largest network of certified mastectomy fitters in the country. They sell prostheses and will customize any bra to fit their clients, and will also assist clients in filling out insurance paperwork to help with insurance reimbursement. Nordstrom sells bras off the shelf and adds special mastectomy pockets at no charge. The closest stores are located in Albuquerque, NM; Phoenix and Scottsdale, AZ; and in Lakewood, Colorado Springs, and Denver, CO.

**The Pink Bra**
888.838.0770 (CST)

The Pink Bra provides mastectomy bras, breast forms, camisoles, swimwear, apparel and accessories. They also have great Bra Tools, a bra glossary, fitting guides, and certified mastectomy fitters. They carry a large stock of Amoena, Trulife Camp, and American Breast Care products, and serve thousands of women with breast cancer every year.

**Radiant Impressions**
800.788.2267 (EDT)

Radiant Impressions offers custom molded, personalized breast prostheses. This is a Trulife product. They have retailers who can mold custom breast prostheses in Albuquerque, NM; Scottsdale and Phoenix, AZ; and in Lakewood, Colorado Springs and Denver, CO. Phone numbers and addresses are on the Radiant Impressions website. Medicare does not pay for custom prostheses, but some private insurance may.

*To find out about services provided by retailers, please contact the specific retailer that is listed on the Radiant Impressions website.*
South Beach Mastectomy Bathing Suits
860.953.0038

South Beach Mastectomy Bathing Suits provides fun and beautiful bathing suits for those who have had mastectomies. South Beach also carries great cover-ups.

Underneath it All - Filling your intimate needs after breast surgery
952.937.9252

This online store carries mastectomy bras, breast forms, swimwear, and camisoles. Underneath it All is committed to any of your needs after surgery. Their BOC certified mastectomy fitters are also registered nurses. They do not accept or bill insurances online. Shipping is within ten business days.

The Woman’s Personal Health Resource, Inc.
877.463.1343

The Woman’s Personal Health Resource offers a comprehensive selection of mastectomy bras, prosthetics, breast forms, bathing suits, and mastectomy exercise and leisure wear. They carry include Amoena, Jodee, American Breast Care, Airway, Trulife, and Nearly Me brands.

ABC (American Breast Care)

ABC’s full product line is displayed on its website, but items must be purchased through retail shops. Some of the retailers listed in this document offer ABC products.

Amoena

This is a great educational site which includes a listing of all of their products, breast forms, partial shapers, recovery care, accessories, active wear, pocketed swimwear and lingerie. See the above resources to find an Amoena retailer.

Classique

This is not a retailer site, but one where Classique’s full product line of breast forms and mastectomy bras are displayed. To purchase, see the above retailers who carry Classique products.